Homebirth supplies list

Birth kit

order from [www.birthwithlove.com](http://www.birthwithlove.com) 1-800-434-4915

search for “JJB Midwifery”

Plastic mattress protector (or shower curtain liner)

Extra shower curtain liners

2 sets of bed sheets

Flashlight and spare batteries

4-6 receiving blankets (the flannel kind)

4 towels

Pan for receiving the placenta (ex. big salad bowl; preferably metal or hard plastic)

Large cookie sheet or cutting board

Heating pad (plug in)

Sanitary pads and/or Depends

Bag of underpads (Chux pads)

Olive or coconut oil (small bottle)

Murphy’s oil soap

Toothbrush

Dark garbage bags – unscented

1 roll of paper towels

1 pack of baby wipes

Food and drink